

**WHEN SURVIVORS SPEAK,
CATALYST LISTENS.**

We offer safe, confidential, and free services so you can get the support you deserve.



CATALYST

Catalyst is a safe place  

(800) 895-8476
CATALYSTDVSERVICES.ORG



4 THINGS TO REMEMBER

IF YOU HAVE BEEN SEXUALLY ASSAULTED

1 IT IS NOT YOUR FAULT

Regardless of the circumstances, remember that it is never your fault. You have the right to safety. You deserve to be treated with respect and dignity.

2 YOU ARE NOT ALONE

At Catalyst, our supportive advocates are available 24/7 to listen and assist you however we can, whenever you are ready.

3 YOU HAVE OPTIONS

You have the power to decide whether to undergo a medical exam, how and if you wish to report the assault, and to what extent you participate in the criminal-legal process.

4 YOU DESERVE HEALING

Healing from sexual assault takes time and support. Catalyst offers free short-term therapy to help you process your experience.

**24/7 FREE & CONFIDENTIAL SUPPORT IS AVAILABLE.
WHEN YOU'RE READY, WE'LL BE HERE.**

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